

Liposomal NeuroCalm™ is a unique blend of gamma-aminobutyric acid (GABA) and L-theanine to support mental calm and a healthy response to stress without impairing focus and attention.* GABA helps promote normal nerve cell activity, and aids in supporting mild or occasional stress and feelings of anxiousness.* L-theanine is an amino acid primarily found in tea (especially green tea) and various fungi. L-theanine is known for its ability to help promote a sense of calm and relaxation without inducing drowsiness.* Each 4-pump serving provides 250 mg of GABA and 100 mg of L-theanine for overall mood and stress support.*

This product is formulated using liposomal technology, which helps facilitate the delivery of nutrients inside cells to targeted tissues, enhancing bioavailability and nutrient absorption. Liposomes are spheres made of phospholipids — the same primary building blocks of every cell membrane in the body. Owing to this structure, liposomes bond easily with the outer cell membranes to deliver their nutrient cargo (in this case, GABA and L-theanine). Liposomes are extremely tiny particles that allow for rapid absorption, starting in the mouth, which then circulate longer throughout the body to support nutrient delivery.

Benefits*

- Promotes mental and emotional calm
- Helps support a healthy stress response
- May help support occasional feelings of anxiousness
- Encourages feelings of relaxation
- Helps promote restful sleep
- May promote focus, attention, and concentration

Recommended Use

Take 2 mL (approximately 4 pumps) and hold in mouth for 30 seconds before swallowing or take as directed by your health-care practitioner.

Warning: If pregnant or breastfeeding, consult your health-care practitioner before use. Pregnant and lactating women and children under 6 years of age should avoid taking GABA. Use of GABA may conflict with taking anti-anxiety medications. Do not take GABA with excess alcohol consumption, as it may drastically exacerbate the relaxation effect of alcohol.

Highlights

- 250 mg of gamma-aminobutyric acid (GABA) and 100 mg of L-theanine per serving
- Convenient liquid delivery for serving size flexibility
- Designed with liposomal technology for rapid uptake, superior bioavailability, and efficient nutrient absorption*
- Gluten-free, dairy-free, and soy-free
- Non-GMO

To contact Designs for Health, please call us at (860) 623-6314 or visit us on the web at www.designsforhealth.com.